

Advisory Committee Meeting Monday, October 7, 2019, 2:00 – 3:00 PM CTCOG Building 2180 North Main Street, Belton

- 1. Approve July 2019 Meeting Minutes (sent via email).
- 2. Discuss suggested changes to the by-laws (sent via email).
- 3. Provide update on HHSC Desk Monitoring for both the AAACT and the CTADVRC.
 - a. No findings reported only small changes needed to be made to the paperwork processes.
- 4. Update on HHSC:
 - a. AAA FY 2020 budget has been announced with an 8% reduction.
 - b. ADRC FY 2020 budget has been announced with an 11% reduction.
 - c. Area Plan is a big focus for the next few months.
 - d. Senior Town Halls in each county (flyers provided).
 - e. New program related to opioid crisis (\$68,000).
- 5. Provide update on Administration for Community Living's mandate to make Senior Centers more relevant:
 - a. HHSC is really focusing on nutrition education.
 - b. AAACT has assigned Margaret Matthews to implement a robust nutrition program.
 - c. Recent changes to HCCAA's congregate meal plan have provided very positive results.
- 6. Update on Texas Silver-Haired Legislature and related issues presented by Irene Andrews.
- 7. Elder Abuse Grant still waiting to get the final approval.

Handouts:

- Minutes from July 2019 meeting.
- By-laws as revised by the By-Laws Sub-committee.
- Flyers for all seven Senior Town Halls.
- Meeting schedule for the coming year (need to discuss July dates holiday weekend)

Point of Contact:

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