

## Hill Country RSVP



Established in 1971 and now one of the largest senior volunteer organizations in the nation, RSVP engages Americans aged 55 and older in a diverse range of volunteer activities.

Volunteers tutor children, renovate homes, teach English to immigrants, assist victims of natural disasters, provide independent living services, recruit and manage other volunteers, and serve their communities in many other ways.

Volunteering is associated with a more active lifestyle and health benefits, particularly for older Americans.

You can use the skills and talents you've learned over the years or develop new ones while serving in a variety of volunteer activities within your community.



### Supporting Safe Disposal of Prescription Drugs

Our nation is in the midst of an unprecedented opioid epidemic. RSVP is dedicated to supporting safe disposal of Prescription Drugs (especially Opioid/Pain/Anxiety meds) to reduce the risk of unlawful use. Contact your RSVP staff in your county for disposal sites.

### ATTENTION 55+ SENIOR ADULTS

Would you like to earn extra money without affecting your Social Security or other benefits? Participate in social activities with other Seniors? Use your talents and experience to help children? If you answered **YES** to these three questions, then the Foster Grandparent Program may be right for you.

#### Benefits Include

- Tax-Free Stipend
- Transportation Assistance
- 5-40 Hour Work Week
- Paid Sick, Vacation, Holidays

#### Program Requirements:

- 55+ Years of Age
- Limited Income
- Community Awareness
- Must **LOVE** to Work with Children

### For Senior Employment check out the Senior Community Service Employment Program (SCSEP)

#### Experience Works, Inc.

300 Cheyenne Drive suite 213

Killeen (254) 702-4291

<http://www.experienceworks.org/program-options/retired-senior-volunteer-program->

## RSVP

### Lead with Experience



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Hill Country RSVP

For more information on  
RSVP:

[www.cns.gov](http://www.cns.gov)—

[www.NationalService.gov](http://www.NationalService.gov)

[www.nscatogether.org](http://www.nscatogether.org)

## **EXAMPLES OF VOLUNTEER OPPORTUNITIES**

### **Companionship/Outreach**

Home & Telephone visiting

### **Independent Living Seniors/HAPIN**

In-Home Help/Transportation/Escort

### **Meal Delivery**

Meals on Wheels/Food Banks

Soup Kitchens

### **Senior Centers**

Meals on Wheels

Congregate Meal Reservations

Filing/Telephone/Errands/Fundraising

Arts & Crafts/Quilting/Recreation/Games

Singing/Band/Dance/Physical Fitness

### **Hospitals**

Gift Shop/Patient Escort/Receptionist

### **Veterans/Military Families**

VA Hospital Visiting, Errands, Sewing

Flag Ceremonies/School Programs

### **Schools-Headstart Classrooms**

Reading/Mentoring/Tutoring

### **Literacy**

Adult GED/ESL/Reading

### **Local Clubs—Organizations**

American Cancer Society/Red Cross

County Extension Service/Retired Teachers

EMS/Volunteer Fire Dept/4-H

FFA/Boy-Girl Scouts/Thrift Stores

***AND SO MUCH MORE.....***

## **WHAT IS RSVP?**

### ***AN INVITATION TO SERVE.....***

RSVP invites adults to put their experience to work solving problems close to home. Whether teaching children or adults to read, creating a recycling program, or providing much-needed support to non-profit agencies, RSVP volunteers make their communities stronger.

The purpose of the RSVP Volunteer Program is to develop a meaningful life for older adults (55 and over), in nine counties, through significant service as volunteers. An increasing number of older citizens desire to find meaningful and satisfying opportunities to serve the community by contributing their skills, talents, abilities and experience.

A new independent report of RSVP Volunteers, sponsored by the Corporation for National and Community Service (CNCS) offers some good news, that volunteers feel healthier, less isolated, less depressed and provides the access, structure, and financial support for low-income, at-risk Americans 55 and older to live happier, healthier lives while making a difference in their Communities.

RSVP is not a financial assistance program to older citizens. It is a program of involvement for concerned, committed and variously talented older citizens in service to individuals and groups of all ages. It is not service to self, but it is service to others.

There are no income, education or specific experience requirements of an older adult to become an RSVP Volunteer. There are no enrollment fees.

Each Volunteer enrolled in RSVP (age 55+) is eligible for supplemental accident and liability insurance.

These policies provide coverage for the volunteer while participating in community service as a volunteer.

Initial enrollment forms are required and monthly timesheets are used to track volunteer hours served.

As an RSVP volunteer you will have the satisfaction of

**KNOWING YOU ARE.....**

***Making a Difference!***