

3rd Friday of the month Starting at 10:00 am (starting May 20th.)

Lampasas at the County Annex Building. 409 S. Pecan Street, Lampasas, Texas

In Partnership with:





RSVP Required: 254-770-2330 Theresa Mireles

512-556-8271 Ext 140 Karen DeZarn

## Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system
- Exchange practical information or challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and

alzheimer's Sociation